NCNP
National Conference for Nurse Practitioners
The Conference for Primary and Acute Care Clinicians

October 6-9, 2016
Hyatt Regency Chicago
Chicago, IL

www.NCNPconference.com/fall2016
Dear Colleague,

I’m excited to announce the launch of the National Conference for Nurse Practitioners 2016 fall event! The conference will be held October 6-9, 2016 at the Hyatt Regency Chicago in Chicago, IL. Sponsored by Wolters Kluwer, publisher of The Nurse Practitioner journal, the conference offers you educational sessions that will enhance your skills to improve the overall quality of patient care.

Based on the popularity of the recent spring event and the growing number of nurse practitioners, I’m so pleased to offer the expansion of NCNP into the Mid-West region! We know everyone has demanding schedules and, for some, it’s just easier if we bring our expert speakers a little closer to you!

With the boom of the profession, we’re anticipating another great turnout this fall. Typically, we have seen more than 1,000 leading NPs who are transforming the healthcare marketplace in this region of the country. Our meeting in Disney earlier this year had record-breaking attendance, so we thought it was a great idea to keep the momentum going because we have a lot of important information to share!

NCNP is the trusted learning environment for NPs who practice in both primary and acute care settings. These NPs represent the thought leaders and influencers in the treatment and patient care of diabetes, obesity, cardiology, surgery, psychiatry, emergency medicine, and other specialties.

Over the course of this 4-day conference, you’ll find a terrific forum for evidence-based educational sessions, hands-on workshops, and skill-building sessions that will deliver comprehensive, results-oriented patient care strategies. A significant amount of CE and Rx credit will also be awarded.

Be sure to register early for the hands-on workshops that are incorporated throughout the program! Workshops are hands-on, two-part courses; register for part one and you’re automatically registered for both sections. We’re offering the most popular workshops once again this fall—a BIG reason why many NPs attend this event. Register early to lock in your spot!

The fall event will feature many of the core topics for primary care as well as a sprinkling of hot topics for the acute care practitioners as well! You’ll also enjoy a terrific setting, an evidence-based approach to learning, easy access to session content, the ability to earn continuing education and advanced pharmacology credit, numerous meal functions, and an opportunity to exchange ideas with your peers.

I look forward to seeing you in Chicago!

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
Conference Chairperson
President, Fitzgerald Health Education Associates, Inc.
North Andover, MA
FNP, Adjunct Faculty, Greater Lawrence Family Health Center
Family Practice Residency Program, Lawrence, MA
Program Goals and Objectives
The purpose of the National Conference for Nurse Practitioners is to offer interactive presentations, discussions, and practical workshops that promote clinical excellence and improve the quality of care that health care practitioners provide. By attending this conference and participating in the educational sessions, you’ll be better able to:
- consult with experts in primary and acute care as well as clinical subspecialties
- discuss issues related to family, adult, pediatric, geriatric, women’s health, legal, mental health, and acute care practice specialties
- develop your assessment and clinical management skills in hands-on and skill-building workshops
- evaluate current and new treatment methods and pharmacologic therapies
- identify issues that affect advanced practice, including reimbursement, malpractice, clinical practice guidelines, and using the latest technologies in the industry
- increase advanced practice clinicians’ skill set in order to provide expanded services and improve billing and reimbursement.

Provider Accreditation
Lippincott Williams & Wilkins (LWW), publisher of The Nurse Practitioner journal, will award a maximum of 22 contact hours for this continuing nursing education activity.

Lippincott Williams & Wilkins is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity is also provider-approved by the California Board of Registered Nursing, Provider Number CEP 11749 for 22 contact hours. LWW is also an approved provider by the District of Columbia and Florida #50-1223. Your certificate is valid in all states.

Pharmacology Credit
There are many sessions with significant pharmacology content, and up to 16.5 contact hours can be applied to advanced pharmacology requirements.

Any commercial product presented or displayed within the educational activity is not indicative of endorsement or approval by the American Nurses Credentialing Center’s Commission on Accreditation or by Lippincott Williams & Wilkins.

Subject Matter
Submissions should contain subject matter of interest to either primary care or acute care practitioners in any/all specialty areas and practice settings. Topics can include, but are not limited to, clinical care, technology, documentation strategies, medication administration, team development, patient and family education programs, family interventions, legal/ethical issues, and more.

General Information/Guidelines
Abstracts must be submitted via email. To submit a poster abstract, please send your Microsoft Word document via email to Jessica.Clark@wolterskluwer.com. Your abstract must contain the following:
- Title
- Author(s)
- CME Disclosure/Conflict of Interest Statement
  Do you or your spouse or significant other have any potential conflict of interest regarding your poster presentation such as:
  - being a consultant for industry
  - belonging to a speaker’s bureau
  - receiving research support
  - being currently employed by a pharmaceutical company?
- Three learner outcomes (i.e., what will attendees learn?)
- Abstract (250 words or less)
- Three references from the literature

Deadline: July 29, 2016

Notification
The Poster Review Committee will evaluate all poster submissions. You’ll receive notification of acceptance or rejection via email on or before August 31, 2016.

For posters to be accepted, they must comply with ANCC Standards of Commercial Support and Advertising. Product logos should not be used and generic drug/product names are preferred.

Special note for session 214: The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. 1.5 hours of credit will be awarded by NPHF for Opioid Prescribing: Safe Practice, Changing Lives.
Despite efforts to change and reform health care, we still see costs going up and little improvement in the health of the people in the United States. Our health care system needs healing. Will NPs follow the herd off the cliff of health care or will they be part of the transformation? NPs can make the change, be part of the healing that our health care system needs by putting “health” and “care” back into health care. This presentation offers practice strategies that can begin to heal health care from the bottom up, improving patient outcomes, patient satisfaction, and leading to NPs who find more meaning and satisfaction in their work.

The use of pharmacogenomic testing is on the rise to appropriately treat chronic pain in certain populations. This testing allows for safer, more appropriate dosing when opioids are needed to treat chronic pain. This course will discuss the use of pharmacogenomic testing, which patients should be tested, and what to do with the results.

The use of pharmacogenomic testing is on the rise to appropriately treat chronic pain in certain populations. This testing allows for safer, more appropriate dosing when opioids are needed to treat chronic pain. This course will discuss the use of pharmacogenomic testing, which patients should be tested, and what to do with the results.

The aim of this session is to provide an update on the newer, branded psychotropic medications, their mechanisms of actions and indications for use. Case examples will be used to illustrate evidence-based application and rationale for treatment of common psychiatric disorders.

Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA

This fast-paced and intriguing presentation will introduce the dermatology issues inherent in all patient populations. Specific covered topics include increasing your ability to diagnose, prevent, and treat the numerous benign conditions, as well as review potential dangers that face the general population, such as skin cancer and melanoma.

Proper suturing technique is essential to obtaining optimal cosmetic results and avoiding infection, scarring, and poor healing. The fundamentals of wound care will be presented, including wound assessment, anesthesia, cleansing, antibiotic prophylaxis, referral guidelines, and principles of suturing. Upon completion of this class, the participant will be able to perform a simple interrupted suture and vertical mattress suture. If you register for this session, you are automatically enrolled in session 109. Session limited to 100 participants. Separate fee.

Metabolic syndrome continues to be a huge problem for the American population. Each of the components of this syndrome puts patients at high risk for cardiovascular events. This session will focus on each of these and examine how it exerts its negative effect on the vascular system. We will further discuss treatment suggestions for each of the components as well.
107 The Fibromyalgia Syndrome: Updates in Diagnosis & Management
Theresa (Tracey) Mallick-Searle, MS, RN-BC, ANP-BC, Adult Nurse Practitioner—Pain Medicine, Stanford Healthcare, Division of Pain Medicine, Redwood City, CA
In the past 5-10 years there has been much focus and research on the fibromyalgia (FM) syndrome. Improved insights into the pathophysiology of FM have introduced not only new pharmacological therapies, but new innovations into the treatment and management of fibromyalgia. This lecture will provide you with a basic understanding of the disease, and help you make the correct diagnosis. Review of the evidence will provide a comprehensive framework with which to work in treatment for the best patient care outcomes.

108 Acute Care: Navigating in a Sea of FOAM (Free Open Access Medicine): Deciphering Credible Sources of Knowledge for Advanced Practice Providers
Ruth Kleinpell, PhD, RN, FAAN, FCCM, Director, Center for Clinical Research and Scholarship, Rush University Medical Center; Professor, Rush University College of Nursing, Chicago, IL
Free Open Access Medical education [meducation] (FOAM) has emerged as a collaborative and interactive open resource for medical educational resources on the Internet. FOAM is independent of platform or media—it includes blogs, podcasts, tweets, Google hangouts, online videos, text documents, and many more resources. The advent of FOAM has significant implications for advanced practice providers, and can serve as a valuable resource for clinical practice, education, and research. This session will review the concepts of FOAM, including the accessible educational adjuncts providing inline (contextual) and offline (asynchronous) educational content to augment traditional ways of accessing educational resources. Implications for advanced practice providers will be highlighted.

109 Workshop: Basic Suturing Part 2
See session 105 description. If you registered for Part 1, you will be automatically enrolled in this class.

6:00 pm – 7:30 pm
Grand Opening of Exhibits • View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. A light dinner reception will be available.

FALL 2016 PROGRAM SCHEDULE

6:30 am – 7:15 am
201 Yoga for the Body, Mind, and Spirit: Gentle Techniques for Clinical Practice
Tom Bartol, NP, CDE, Richmond Area Health Center, HealthReach Community Health Centers, Richmond, ME
Join us for a simple yoga class—no experience necessary. Whether you have always wanted to try yoga or if you already practice yoga, come and share the opportunity to relax and stretch with us. Learn to use yoga techniques and concepts in your clinical practice. Bring a towel or mat. Separate fee.
7:30 am – 8:30 am
Exhibits Open • Continental Breakfast • View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Concurrent Sessions

202 Hypertension: JNC 8 and Beyond
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, Conference Chairperson, President, Fitzgerald Health Education Associates, Inc., North Andover, MA; FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center, Family Practice Residency Program
This session focuses on hypertension treatment recommendations from JNC 8. Choice of initial and add-on medications and meeting hypertension treatment goals, using a case-based approach, are highlighted.

203 Rheumatoid Arthritis: Making the Diagnosis in Primary Care
Brett Badgley Snodgrass, MSN, FNP-BC, CPE, Associate Lecturer, FHEA, Inc., North Andover, MA; Director of Clinical Operations, LifeLinc Anesthesia Pain Centers, Memphis, TN
Rheumatoid arthritis is often under-diagnosed and under treated. This session will focus on appropriate diagnosis, referral and follow up treatment in primary care.

204 Acute Care: Recognizing and Managing Respiratory Failure
Anne Dabrow Woods, DNP, MSN, RN, CRNP, ANP-BC, Chief Nurse & Publisher, American Journal of Nursing (AJN), Wolters Kluwer; Nurse Practitioner Critical Care Services, Penn Medicine Chester County Hospital Adjunct Faculty, Drexel University, College of Nursing & Health Sciences Philadelphia, PA
We’ve all experienced it—patients can change from feeling slightly short of breath to decompensating into acute respiratory failure very quickly, especially if they have a COPD or asthma exacerbation, pulmonary embolism, or go into pulmonary edema. This session will review the etiology, assessment, and diagnostic tests for acute respiratory failure, as well as give you the tools you need to develop a treatment plan to manage your patient in acute respiratory failure.

205 Workshop: Advanced Suturing Part 1
Linda S. Blasen, MS, ACNP-BC, FNP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Acute Care Nurse Practitioner & Family Nurse Practitioner; Instructor, University of South Florida College of Nursing, Tampa, FL
This workshop will provide advanced techniques for the practitioner comfortable with basic interrupted suturing. Regional anesthesia of the face, ear, and digit is addressed. Suturing techniques include vertical mattress, corner suturing, running suturing, and advanced layered closures. Approaches to lip and oral lacerations and injuries of the ear area will be discussed. Prerequisites: Sutting Basics. If you register for this session, you are automatically enrolled in session 209. Session limited to 100 participants. Separate fee.

10:00 am – 10:30 am | Break in Exhibit Hall

10:30 am – 12:00 pm | Concurrent Sessions

206 Pediatric & Adolescent Skin Issues
Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA
The skin of adolescent and pediatric clients is highly susceptible to various conditions. Often unable to communicate symptoms and history, they may suffer inordinately. This presentation updates the many disorders of bacteria, virus, fungus, and inflammation with common-sense prevention, interventions, diagnosis, and treatments. An emphasis on the treatment of verruca, atopic dermatitis, and acne will also be addressed.

207 Antimicrobial Update: A Focus on Bacterial Sinusitis, Skin and Soft Tissue Infections
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, Conference Chairperson, President, Fitzgerald Health Education Associates, Inc., North Andover, MA; FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center, Family Practice Residency Program
What factors influence the development of resistant pathogens? How do certain patient characteristics increase risk of infection with a resistant pathogen? In this age of resistant pathogens, we’ll explore the latest recommendations for the treatment of bacterial sinusitis, skin and soft tissue infection, including choice of initial and second-line therapy.
208 Acute Care: Delirium & Dementia
Peg Gray-Vickrey, DNS, MS, RN, FNGNA, Provost and Vice President for Academic and Student Affairs, Texas A & M University, Killeen, TX
Delirium and dementia-related behaviors present many challenges in the elderly population. Frequently, behaviors mask underlying illnesses, compounded by the general physical decline and disease of aging. In this session, we will discuss the etiology, assessment tools, keys to diagnosis and documentation, pharmacotherapy and long-term management of various behaviors that are frequently observed.

209 Workshop: Advanced Suturing Part 2
See session 205 description. If you registered for Part 1, you will be automatically enrolled in this class.

12:00 pm – 1:30 pm
Exhibits Open • Lunch • View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm  | Concurrent Sessions
210 Laboratory Diagnosis in Primary Care
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, Conference Chairperson, President, Fitzgerald Health Education Associates, Inc., North Andover, MA; FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center, Family Practice Residency Program
What is the appropriate use of laboratory testing as part of the differential diagnosis process? How do lab abnormalities influence the differential diagnosis process? Discover the answer to these questions and more in a case-based presentation featuring challenging case studies.

211 When You’re Down and Troubled: Non-Pharmacologic Strategies for Working with Patients Dealing with Depression, Anxiety and Other Behavioral Health Issues
Tom Bartol, NP, CDE, Richmond Area Health Center, HealthReach Community Health Centers, Richmond, ME
Depression, anxiety, PTSD and stress afflict many of our patients. It’s estimated that 60% of all office visits have roots in behavioral health problems, from mental health issues to high blood pressure, chronic pain, addiction, obesity and more. This presentation addresses non-pharmacologic strategies that can be used to help uncover underlying behavioral health issues with patients and explore simple interventions to build hope, peace and balance in their lives.

212 Men’s Health: BPH & Prostate Cancer
Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, AAN, Department of Urology, University of Virginia, Charlottesville, VA
Prostatic related problems, and especially benign prostatic enlargement (BPH) and prostate cancer, impact up to one in every 10 men and account for as much as 25% of all visits to a health care provider. This presentation will outline latest developments in the evaluation and treatment of BPH and its relationship to health-related quality of life. We will also review the epidemiology of prostate cancer, the latest techniques and recommendations for early detection of prostate cancer, and options for treating localized and advanced stage prostatic malignancies.

213 Workshop: Common Office Procedures Part 1
Linda S. Blasen, MS, ACNP-BC, FNP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Acute Care Nurse Practitioner & Family Nurse Practitioner; Instructor, University of South Florida College of Nursing, Tampa, FL
Increase your hands-on skills and enhance patient-centered care in your practice! This workshop will guide the advanced practice nurse by utilizing lecture and hands-on practice to acquire initial ability with skills including field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungal hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Note: Some props will contain latex. If you register for this session, you are automatically enrolled in session 217. Session limited to 100 participants. Separate fee.

Register today for the best rates!
www.NCNPconference.com/fall2016
3:00 pm – 3:30 pm  |  Break in Exhibit Hall

3:30 pm – 5:00 pm  |  Concurrent Sessions

214 Opioid Prescribing: Safe Practice, Changing Lives

Supported by the NP Healthcare Foundation
Barbara St. Marie, PhD, Postdoctoral Research Fellow, Nursing Associate, The University of Iowa, Iowa City, IA

We’ll address safe practices for patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education associated with prescribing opioids for chronic pain management. This activity is intended to be fully compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the FDA.

215 Foodborne Illness

Linda Laskowski-Jones, MS, APRN, ACNS-BC, CEN, FAWM, FAAN, Editor-in-Chief, Nursing2016, Wolters Kluwer, Philadelphia, PA; Vice President, Emergency & Trauma Services, Christiana Care Health System, Wilmington, DE

Food is essential for life and good health. However, the way food is produced, stored, handled, and prepared determines whether it will offer life-sustaining nourishment or cause life-threatening illness. This session will overview toxic and infectious causes of food-borne illness, including risk recognition, clinical manifestations, and treatment considerations. Bon appétit!

216 Acute Care: Understanding Sepsis Guidelines

Sophia Chu Rodgers, FNP, ACNP, FAANP, FCCM, FAANP, Clinical Adjunct Faculty, University of New Mexico & Sandoval Regional Medical Center, Albuquerque, NM

Mortality rates from sepsis are estimated to be 30-50%. The surviving sepsis guidelines were developed in an attempt to decrease this deadly syndrome. This presentation will discuss what is new in the guidelines, the epidemiology of sepsis, the bundles, and what you need to know to care for a septic patient. We’ll also highlight key points with a case-based study.

217 Workshop: Common Office Procedures Part 2

See session 213 description. If you registered for Part 1, you will be automatically enrolled in this class.
Wilderness activities on land and in water are a lot of fun, but they do pose injury risks. These include bites from inhabitants of the animal kingdom as well as wounds sustained in austere environments. This presentation will cover initial wilderness wound care and overall wilderness wound management considerations.

305 Workshop: Dermatology (Part 1)
Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton SON, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH
We’ll begin with didactic lecture followed by a hands-on practice session. Learn shave biopsy, punch biopsy, and simple interrupted suturing. Also, learn to perform a skin biopsy and practice elliptical excision. Separate fee.

10:00 am – 10:30 am  |  Break in Exhibit Hall
10:30 am – 12:00 pm  |  Concurrent Sessions
306 Hypergonadism—Who Should Get Testosterone?
Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA
Androgen deficiency in aging men is known to be prevalent and is associated with multiple symptoms such as persistent fatigue, irritability, trouble sleeping, short-term memory loss, and poor self-esteem. Nevertheless, the relationship between these non-specific symptoms and the gradual decline in testosterone levels seen in aging men is not entirely understood. This presentation will review the epidemiology and assessment of androgen deficiency in younger and aging men, the multiple options for testosterone replacement currently available, and associated adverse side effects. We will also explore alternatives to testosterone replacement and the need for long-term monitoring of men when testosterone replacement therapy is prescribed.

307 Talking about Dying Won’t Kill You! How to Talk with Patients about Terminal Illness
Debbie A. Gunter, FNP-BC, ACHPN, Palliative Care Nurse Practitioner, Emory Healthcare Palliative Care Service, Atlanta, GA
NPs commonly care for patients with terminal diseases, including heart failure, COPD, dementias, etc., and need to have a framework for effective communication regarding disease education, prognostication, goal setting, and advanced care planning. In this session, we’ll discuss the fundamental principles to guide you in your clinical practice regarding having these conversations.
Comprehensive Management of Heart Failure

Louis Kuritzky, MD, Family Medicine Residency Program, University of Florida, Gainesville, FL

Heart failure continues to incur a high rate of mortality. In addition to appropriate lifestyle interventions, multiple pharmacologic tools have been shown to reduce mortality and prevent hospitalizations. This comprehensive overview will cover the gamut of non-invasive interventions for heart failure.

Workshop: Dermatology Part 2

See session 305 description. If you registered for Part 1, you will be automatically enrolled in this class.

12:00 pm – 1:30 pm
Exhibits Open • Lunch • View Posters

Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm | Concurrent Sessions

Chronic Pain Management

Yvonne D’Arcy, MS, CRNP, CNS, Pain Management & Palliative Care Nurse Practitioner, Bethesda, MD

We’ll cover all aspects of chronic pain, assessment, medication management, and safe prescribing concepts. Case studies will be used to illustrate some of the ways to work through to a plan of care that is multidimensional and includes both medications and complementary methods for pain relief.

Fluid, Electrolytes, and Acid Base: A Problem-Based Approach

Sophia Chu Rodgers, FNP, ACNP, FAANP, FCCM, FAANP, Clinical Adjunct Faculty, University of New Mexico & Sandoval Regional Medical Center, Albuquerque, NM

Fluid, electrolyte, and acid base disturbances are commonly seen in hospitalized patients. It can be the primary reason for which they are admitted or it can be the consequence of acute illnesses. Using case studies, this presentation will review common fluid, electrolytes, and acid base disturbances encountered in the hospital setting. You’ll learn how to recognize, interpret and treat them.

Skill Builder: Chest and Abdominal X-Ray Interpretation—Honing Your Skills Part 1

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP FAAN, Family Nurse Practitioner, Wright & Associates Family Healthcare, Bedford, NH

Nurse practitioners are often called upon to interpret x-rays. In this session, we will teach the nurse practitioner a useful, systematic approach to the interpretation of x-rays. Chest films and abdominal films and will be reviewed. In addition, each participant will be asked to interpret various films. If you register for this session, you are automatically enrolled in session 316.

Workshop: Orthopedic Assessment/Upper Extremity/Joint Injection Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, Inc., North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

This dynamic course will give you a hands-on and didactic learning experience. We’ll discuss physical assessment of common problems benefiting from joint injection with anti-inflammatory and pain medications. Participants will practice joint and soft tissue injection and aspiration on simulated models. If you register for this session, you are automatically enrolled in session 317. Session limited to 100 participants. Separate fee.

New Concepts in IBS

Christopher Chang, MD, PhD, University of New Mexico, Albuquerque, NM

IBS is one of the most common reasons for presentation to the primary care provider’s office. This course will help the clinician differentiate between IBS and other pathologic conditions. Pathophysiology and management of IBS, including constipation and diarrhea, will be addressed.
315 The Art of Negotiating—Creating a Win/Win Contract/Offer Letter
Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, Colorado Health Medical Group—Brain & Spine, Loveland, CO
Learn how to negotiate to get the things important to you and how to think outside of the salary box. In today’s marketplace, it’s imperative that a nurse practitioner can articulate their worth and create a win/win situation when negotiating a new position or looking to improve their current work situation. It’s more than just salary—find out how you can get a “Yes” when you ask for more.

316 Skill Builder: Chest and Abdominal X-Ray Interpretation—Honoring Your Skills Part 2
See session 312 description. If you registered for Part 1, you will be automatically enrolled in this class.

317 Workshop: Orthopedic Assessment/Upper Extremity/Joint Injection Part 2
See session 313 description. If you registered for Part 1, you will be automatically enrolled in this class.

SUNDAY, OCTOBER 9, 2016
7:30 am – 8:30 am
Continental Breakfast in Foyer

8:30 am – 10:00 am | Concurrent Sessions
401 Better Bones—Managing Bone Health
Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, Colorado Health Medical Group—Brain & Spine, Loveland, CO & Juanita J. Jones, DNP, ANP, ACNP-BC, Adult Nurse Practitioner, Schumacher Group/St. Mary’s Hospital Jefferson City, MO & Lake Regional Hospital, Osage Beach, MO
A quick review of osteoporosis prevention and disease management will be discussed. We’ll also discuss pharmacologic and non-pharmacologic treatment modalities for osteoporotic-related fractures as presented using two case studies. This lecture will help you to help your patients have healthy bones and to know what to do when fractures occur.

402 Optimizing Outcomes with Pre-Op Evaluation
Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, Inc., North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH
This session will discuss updated information on pre-operative physical assessment clearance for the operative patient. Age-appropriate guidelines on laboratory, EKG, and diagnostic testing will be reviewed.
403 What’s the Latest in Obesity Management?
Wendy L. Wright, MS, RN, ARNP, FNP, FAANP, FAAN,
Family Nurse Practitioner, Wright & Associates
Family Healthcare, Bedford, NH
Obesity is reaching epidemic proportions. At present, approximately one-third of the entire U.S. population is considered obese and the incidence is rising. Children are more obese than ever before and are at significant risk for a number of conditions related to their obesity. Learn various treatment options available for individuals with or at risk for obesity.

404 Diabetes Management and Treatment Recommendations in Primary Care
Sally K. Miller, PhD, AGACNP, AGPCNP-BC, FAANP,
Senior Associate Lecturer, FHEA, Inc., North Andover, MA; Clinical Professor, Drexel University College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Sahara Family Practice, Las Vegas, NV
With a focus on recommendations for treating Type 2 diabetes, you’ll be able to improve long-term outcomes for patients in your clinical practice. Learn strategies for teaching your patients about lifestyle and pharmacologic management early and also learn evidence-based therapies in the world of diabetes.

405 Immunization Update 2016: Latest CDC Recommendations
Wendy L. Wright, MS, RN, ARNP, FNP, FAANP, FAAN,
Family Nurse Practitioner, Wright & Associates
Family Healthcare, Bedford, NH
Never before in the history of immunizations have there been such widespread changes to the immunization schedule. This lecture will provide the nurse practitioner with the latest information regarding immunizations, updates, and safety information pertaining to each vaccine.

406 Topical Therapies for Skin Conditions: The Pearls of Prescribing
Margaret Bobonich, DNP, FNP-C, DCNP, FAANP,
Assistant Professor, Case Western Reserve University,
School of Medicine and Frances Payne Bolton SON,
University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH
Nobody really tells us how and when to dose for skin conditions. There are a lot options including oral, topical, intramuscular, intraleisonal, and intravenous routes. Patient selection, risks and side effects must ALWAYS be considered. This session will review the pharmokinetics of corticosteroids, indications for treatment in inflammatory skin conditions and dosing. We’ll address how much, how often, and how to taper.
407 Acute Care: COPD Across the Scale
Kayur V. Patel, MD, MRO, FACP, FACPE, FACHE, FACEP, Chief Medical Officer of Advocating Health, LLC, Terre Haute, IN
We’ll review risk factors, assessment, diagnosis, and management of COPD based on the latest guidelines. We’ll also review how to manage acute exacerbations. Admission criteria will be presented as well as follow up care.

408 Complex Case Studies in Primary Care
Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, FAANP, Senior Associate Lecturer, FHEA, Inc., North Andover, MA; Clinical Professor, Drexel University College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Sahara Family Practice, Las Vegas, NV
In this dynamic session, we’ll review evidence-based strategies to enhance care and optimize outcomes in patients with multiple comorbidities.

Register today for the best rates!
www.NCNPconference.com/fall2016
GENERAL INFORMATION

Headquarters Hotel
Hyatt Regency Chicago
151 East Wacker Drive, Chicago, IL 60601

Book Your Hotel Reservation Online:
www.NCNPconference.com/fall2016

Book Your Hotel Reservation by Phone:
312-565-1234 (Refer to Group: NCNP)

Conference room rate is $199/night, plus tax. Reservations must be made by September 12, 2016. Please refer to NCNP to receive this special rate. Please make room reservations as early as possible as the group room block may sell out, sometimes before the actual cut-off date.

Hotel Information
Check-in Time: 3:00 pm  |  Check-out Time: 12:00 pm

Enjoy picturesque views of Lake Michigan in the spacious hotel rooms in downtown Chicago near the Magnificent Mile and Grant Park. Luxurious accommodations feature oversized desks and complimentary Wi-Fi to stay connected, flat-screen TVs for a relaxing afternoon, and tech-savvy enhancements.

Discover the difference and experience the sophistication at this downtown Chicago hotel. Set within the epicenter of the “windy city,” the AAA Four Diamond Hyatt Regency Chicago is just steps away from the Magnificent Mile. Explore popular attractions surrounding this Chicago hotel near Navy Pier, shop on Michigan Avenue, or enjoy a day in Maggie Daley, Millennium Park, or on Lake Michigan.

Savor exceptional cuisine at the hotel’s restaurants — Stetson’s Modern Steak + Sushi and American Craft Kitchen & Bar — or take in expansive views of Chicago while sipping cocktails at the BIG Bar. Feel the spirit of downtown Chicago at Hyatt Regency Chicago.

Driving Directions
The Hyatt Regency Chicago is conveniently located near many tourist attractions including The Shedd Aquarium, Soldier Field, The Willis Tower, Grant Park, and The Bean. Stay in a hotel steps away from the Magnificent Mile while enjoying all the exciting activities Chicago has to offer.

From O’Hare International Airport: Take Kennedy Expressway (I-90/94) East to Ohio St exit. Proceed on Ohio to State St and turn right. Turn left at Wacker Drive. Hotel will be approximately 2 blocks on the right.


Parking
Valet parking is available 24 hours a day and can be charged to your guestroom at the rate of $65 per night.

• 0-3 Hours: $37
• 3-6 Hours: $47
• 6-24 Hours: $65

Transportation
FROM O’HARE INTERNATIONAL AIRPORT: (18 miles)

Go Airport Express: From lower level baggage claim area. Transportation service runs daily. Visit www.airportexpress.com for reservations.

Taxi: Approx. $30 — $40

FROM MIDWAY AIRPORT: (12 miles)

Go Airport Express: From lower baggage claim area. Transportation service runs daily. Visit www.airportexpress.com for reservations.

Taxi: Approx. $30 — $40

Amtrak (Union Station): 1-1/2 miles — taxi approx. $8

Greyhound Terminal: 2-1/2 miles — taxi approx. $10

Area Activities
Museum of Science and Industry
Descend into the depths of a simulated coal mine or visit 1,999 fascinating exhibits at the museum.

Best Chicago Shopping
Shop ‘til you drop in Chicago! Steps from The Mag Mile, Chicago is the shopping mecca of the Midwest and provides hours of endless fun for ladies (and men!) of all ages.

The Art Institute of Chicago
See the country’s best collection of impressionist and post-impressionist art at the award-winning Art Institute.

River and Lake Tours
Experience amazing views of the Chicago skyline when you cruise the Chicago River and Lake Michigan.

Parks & Zoos
Explore Maggie Daley Park, Grant Park, Millennium Park, Lincoln Park Zoo and Chicago’s beautiful urban green space.
SECTION 2: SESSION SELECTIONS

Please indicate your first and second choices for each time period below. Please note that sessions listed in green require an additional fee.

Workshop fees include both Part 1 and Part 2; one fee covers both sections.

Thursday, October 6
1:30 pm – 2:30 pm

2:45 pm – 4:15 pm

4:30 pm – 6:00 pm

Friday, October 7
6:30 am – 7:15 am

8:30 am – 10:00 am

10:30 am – 12:00 pm

1:30 pm – 3:00 pm

3:30 pm – 5:00 pm

Saturday, October 8
6:30 am – 7:15 am

8:30 am – 10:00 am

10:30 am – 12:00 pm

1:30 pm – 3:00 pm

3:15 pm – 4:45 pm

Sunday, October 9
8:30 am – 10:00 am

10:15 am – 11:45 am

SECTION 3: PAYMENT INFORMATION

REGISTRATION FEES/CUTOFF DATES
All pre-registration for the conference must be received no later than September 27, 2016. Walk-in registrations will be accepted on-site.
Workshop fees include both Part 1 and Part 2.

<table>
<thead>
<tr>
<th></th>
<th>Super Early</th>
<th>Early</th>
<th>Regular/Onsite</th>
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<tbody>
<tr>
<td></td>
<td>(postmarked by 8/25)</td>
<td>(postmarked 8/25 to 9/28)</td>
<td>(postmarked after 9/28)</td>
</tr>
<tr>
<td>Main Conference (10/6-10/9)</td>
<td>$599</td>
<td>$659</td>
<td>$719</td>
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<tr>
<td>NP Student (must fax copy of ID)</td>
<td>$359</td>
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<tr>
<td>One Day Only (10/7 or 10/8)</td>
<td>$279</td>
<td>$299</td>
<td>$319</td>
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<tr>
<td>Half Day Only (10/6 or 10/9)</td>
<td>$139</td>
<td>$149</td>
<td>$159</td>
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<tr>
<td>Workshop Fee (with conference)</td>
<td>$139</td>
<td>$149</td>
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<tr>
<td>Workshop Fee (without conference)</td>
<td>$179</td>
<td>$189</td>
<td>$199</td>
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<tr>
<td>Guest (Exhibit Hall Only/includes food functions)</td>
<td>$359</td>
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PAYMENT INFORMATION
Registration will not be processed without payment. A confirmation letter will be emailed to you once your registration form and payment is processed.

______ Check Enclosed (Payable in U.S. funds to NCNP: Federal Tax ID# 13-293-2696)
______ Credit Card (Visa, MasterCard or American Express only)

Card Number ____________________________
Expiration Date _______ / _______ Security Code ____________________________
Signature ____________________________
Credit Billing Address: ____________________________
NCNP National Conference for Nurse Practitioners
The Conference for Primary and Acute Care Clinicians

October 6-9, 2016
Hyatt Regency Chicago
Chicago, IL

www.NCNPconference.com/fall2016
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